

Community Unit School District 303

School Health Services



Dear 6th Grade Parents and Parents of New Students:

The State of Illinois recognizes that your child's health is very important to the educational process and has established requirements to preserve and protect the health of all students.

Please read over and carefully note the following mandated health requirements. Students who fail to submit the required health forms will be excluded from school until health requirements are met.

THE PHYSICAL EXAMINATION:

- A completed physical form with required immunizations must be on file with the school nurse **prior to the start of school** for all students entering 6th grade. The physical must have been completed within one year of the first day of 6th grade attendance.
- Any student new to the district must provide a completed physical form with required immunizations to the school nurse **within 30 days following the first day of attendance**. The physical must have been completed within one year of the first day of attendance.
- The examiner must be a Physician licensed to practice medicine in all of its branches, a licensed Physician's Assistant, or an Advanced Practice Nurse. An examination by a Chiropractor is not acceptable.
- The Health History portion on the back of the Certificate of Child Health Examination form must be completed, signed and dated by the parent or guardian prior to your child's examination.
- Inform your health care provider about any known illnesses, health or physical concerns that might be important in determining your child's physical condition.
- The physical examination must include an evaluation of all body systems including: Height, weight, blood pressure, diabetes screening/BMI.
- Medications, diet restrictions, allergies, special equipment or other needs must be listed by the examiner.
- Participation in Physical Education must be approved by the examiner in order for your child to participate in the physical education program.
- **IHSA Sport Physical Examination does not fulfill the requirement for a school physical examination**

REQUIRED IMMUNIZATIONS:

Evidence of immunity against the following diseases must be submitted according to the following schedule:

- 3 or more doses of DTP/DtaP (Diphtheria, Pertussis, Tetanus): with the last dose qualifying as a booster and received on or after the 4th birthday
- 1 dose Tdap (Tetanus, Diphtheria, Pertussis): qualifying as a booster required for entrance into 6th – 12th grades
- 3 or more doses of IPV Polio with the last dose qualifying as a booster and received on or after the 4th birthday
- 2 doses of MMR (Measles, Mumps, Rubella), the first received on or after the 1st birthday; the second MMR dose received no less than 28 days later
- 2 doses of Varicella (Chicken Pox), the first received on or after the 1st birthday, or physician's statement verifying disease history, or laboratory evidence of varicella immunity
- 3 doses of Hepatitis B received at mandated intervals
- **1 dose of Meningitis vaccine (MCV4) prior to entry into Grade 6 (new requirement 2015/16)**

THE DENTAL EXAMINATION:

- All 6th grade students must present proof of a dental examination by May 15th of the school year.
- The dental examination must be performed and signed by a licensed dentist.
- A waiver has been established by the Illinois Department of Public Health for children who show undue burden or lack of access to a dentist.

THE VISION EXAMINATION:

- All children enrolling in Illinois schools for the first time must present proof of an eye examination by a physician licensed to practice medicine in all of its branches or a licensed optometrist within the previous year before October 15th of the school year.
- The eye examination shall include history, visual acuity, subjective refraction to best visual acuity near and far, internal and external examination, and a glaucoma evaluation, as well as any other tests or observations that are deemed necessary in the professional judgment of the doctor.
- A waiver has been established by the Illinois Department of Public Health for children who show undue burden or lack of access to a licensed physician or optometrist.

All health forms may be accessed on the CUSD 303 website at www.d303.org in the "For Parents" section under Forms. All forms are also available through your child's school.

If your child has a medical condition that may impact any part of his or her school day, please contact the Certified School Nurse in your child's school so that adjustments or accommodations can be made.

Thank you for your cooperation with these important health matters.

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